

She is clothed with strength and dignity; she can laugh at the days to come Proverbs 31:25 Inspiring women to develop an outward style to reveal their inner beauty!

Hello Beautiful Friend!

I was reading an article recently on some fashion hacks the Royals use to always look ...well, very Royal!

I thought these were interesting and wanted to share a few that I think could be helpful for us USA girls too!



A few of my favorite... 'Royal Fashion Hacks'

- One of Kate's number-one beauty hacks is to wear **gel eyeliner instead of pencil**. It doesn't smudge near as much, and it looks great, as the princess has neatly demonstrated. She doesn't put on too much eyeliner and instead keeps it subtle.
- They have strict rules about how their nails look. It was set down by Queen Elizabeth herself. She wasn't a big fan of colorful **nail polish**, so most members of the royal family usually stick to tasteful nudes. The Queen's favorite one was by Essie and called "Ballet Slippers". (This is one of my favorites too)
- The Royals are known for having to spend hours walking, standing and smiling. So they need to wear shoes that won't create blisters on their feet Their hack is they wear shoes one or two sizes too big for comfort. Celebrities here are known for doing this as well and speaking of shoes, Queen Elizabeth had someone to break in her shoes for her before she wore them. It's always a good idea to wear new shoes around the house for a while to break them in before you wear them out for the first time.
- The Royals are known for using color in their outfits. Queen Elizabeth was known for her **colorful outfits and matching hats**, Kate often dresses in head to toe one color but takes it tonal and slightly mixes the

shades to look elegant, polished and expensive. This is a great hack, but I will also add to make sure you are wearing one of *you*r very best colors when doing this.

- The Royals wear a lot of dresses and skirts and to keep them from blowing up with the wind, they have weights sewn into the hems. You can do this by sewing drapery weights from a craft store into your hems.
- To **prevent flyaway hair** when at outside events, Meghan has said she puts hairspray on a toothbrush to lightly brush them down at the hairline to keep her hair looking sleek.
- Kate uses a **color code system** for her traveling wardrobe, and you can too. If something is marked yellow then it has to go to a residence, if it's green it's going to a hotel, and if it's blue then it's needed on the airplane.
- Queen Elizabeth knew what worked for her and she stuck with it. She had her **favorites for skincare and makeup** and she stuck with them for years and years. She had her own unique style and it worked for her. It's fun to try new things but if there are certain things that work really well for you, stick with those and create you own signature style!

I hope you enjoy trying one or more of these Royal hacks. Send me an email and let me know your favorite!

From a heart filled with grace and veins filled with glitter, Donna

P.S. Is your church or ladies organization planning an event? I would love to be your Guest Speaker! Email or call 865.599.6682

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